

PRECIS DH10 SEPT 25-26 – PW, UW & OPTIMIZING FORCE

1 Personal Will & Universal Will Eugene Cash

We explored the Relationship between Personal Will and Universal Will. (PW & UW) We reviewed PW which manifests inner support, solidity, & a definiteness that gives us a sense of confidence, steadfastness & determination to stay the course, devoted to truth. Also False will = hardness, rigidity, inflexibility, rigid, stubborn, stiff.

We discover that PW is supported another aspect of Will, Universal Will. UW extends & supports an expansion of our attention to consider & support the situation larger than ourselves: family, situation at work, groups we are part of. It considers others as well as ourself to. It brings a larger truth. The archetype is the good fathering figure, who considers all bringing ballast to the collective experience. UW is aspect of Will that supports each of us personally in a more expansive unfoldment, in our truth with others.

The UW manifests Platinum, as PW manifests Silver/White. Platinum is a broader support for the individual and our PW but also for the whole situation. Like the ocean supports many creatures, many currents. Failure to recognize the presence of UW & conflict or ambivalence in relationship to UW is based on history our relationship with the fathering figure. UW will not support fake, false, ego centric will. UW is responsive to PW, responding to an alignment with Truth. PW can't function independently of UW. UW is a larger solidity that supports our will. UW does not support us unless we apply our PW. If intention is true & essential, that intention can be supported by Universal Will. UW supports the Soul to unfold & develop. PW is an inner will supports the flow, unfoldment of your soul. UW supports same movement, but a bigger support!

For this exercise reflect on a collective setting you are involved in such as: in your family, a shared living situation, at work, a club you're part of or a small collective situation and apply that to these questions.

- **10m Tell me how you experience your PW**
- **10m Tell me a way you experience the absence of support by UW.**
- **15m Tell me a way you experience your PW supported by UW. Looping**

2 Life Practice Supported by PW & UW Actuality Eugene Cash

Reviewed LP including Sense Looking Listening. You need be present & be Aware. LP is a vehicle for getting in touch w/ the substance of the soul itself.

Remember that personal essence, the Pearl Beyond Price, is a development. It is something that develops out of the Soul when its center is the true self in this life. Realization becomes Actualization as understanding becomes expressed in life. The substance of life manifests as we function so that realization becomes an actualization. It is not only an inner experience, but an actualized life. Do we allow our PW to function? Do we find out what we enjoy doing, what we care about and then set about doing it. Example for all of us is discovering the Diamond Approach. Do we allow UW to function as part of participation in DA? Life Practice is both an individual & collective experience.

LP Reminders of how to do it—

We take simple repetitive jobs and do them. The goal is not to finish, not to do it great, not to do it right but to do the best we can. We do our part fully and something happens. Like a group of bees making honey. They each do their own honey making but that honey tastes like them all.

We also notice & are aware of and reactions that arise both positive or negative. We notice we are having reactions & feelings. Then feel the reaction with kindness as you SLL & continue your task. This is how nectar turns into honey. Relax with what is here. If we relax, we are able to be 100% present. LP can take us nearer to ourselves, who & what we are— a differentiated, discriminated form of Being.

Exercise: 30 minutes of life practice in groups of 8 on zoom. Clean your room or space with your computer on so you can pause and be aware of the collective LP. Q&C after the LP.

Talk # 3 HARMONIZING PW & UW - Nancee

A key factor affecting the alignment of the personal will and universal will is the orientation of the personal heart. It takes courage and curiosity to inquire into the heart's orientation, and be open to the fact that what you believe is your truth may only be part of the story.

The heart is the soul's compass in relation to the truth and whatever the soul believes to be true will draw the support of the personal will. However, the heart is generally

conditioned by early experience, beliefs and convictions about the truth so often the personal will is unable to align with reality as it is and thus with Universal Will.

Our Personal Will will follow the heart and **what the heart takes to be its direction will be determined by what it takes to be true**. And as I said what we take to be true is often conditioned by our early experiences in our family and cultural and our personal and societal beliefs and convictions.

There are two sources that the heart draws on for what it takes to be true.

1. One includes all the manifestations of essence and reality, whether it is true Guidance or the recognition of your inner truth.
2. And the other includes all the voices that point somewhere else - to what is wanted or needed. The collective voices of society, ego self, SE, ambition, all these things, that tells us that the value is in that

Many of us will tend to follow our heart, what we want. **Our desires, our longings, our wants, what we value**, what we think is good, **what we love**. We follow that **without trying to find out whether it is in the direction of the aspect of Universal Will or not**.

So it is important for us to **recognize what is essential and true**, then the heart can orient in that direction, and so can the mind and the belly, following **the direction of real Truth instead in just a belief in truth**. And **when that happens Personal Will will start harmonizing with the Universal Will**, and there won't be an experience of a **conflict** between the two.

The main issue between the Personal Will and the Universal Will is that the Personal Will will go in the direction of **what it believes is real, what it believes in the deepest place is true and what is needed**. So if you believe what is needed is to stay in bed every day, that's what you will do. **Your heart will follow your deepest conviction which most of the time is unconscious**. So you want to explore what you **believe is needed, what your deepest convictions are**.

When the heart is oriented towards satisfying the personality or the ego self, the personal will becomes a false personal will, **and will not express the realization of your TN**.

One of the main sources of how your Personal Will comes in conflict with Universal Will is - YOUR HEART WANTS THAT THING, WHATEVER IT IS, BECAUSE YOU HAVE PROJECTED A PART OF YOUR BEING ONTO IT.

You might believe and project, for instance, money gives you value. And your Personal Will will try to get money more than anything else, believing that that will give you the

larger support you need. Or you might believe and project your essential self on another person or certain qualities on them— they have what you want – they are bold or strong or kind or peaceful... then your PWill goes toward attaining what your heart believes is what you want and need. So it's important to recognize these projections. The most common situation is the intimate love relationship, when we project our hearts, our love on somebody else, and then your personal will is oriented toward that person, towards intimacy with that person. You may find yourself asking - Which way should I choose, love or the inner work?" "Relationship or inner work".

These conflicts are because of a misunderstanding. THE MISUNDERSTANDING IS BELIEVING THE HEART IS OVER THERE. BUT IT ISN'T. The more you recognize it isn't there outside, it is inside, it is really your essential heart, then automatically your Personal Will will go toward the Truth of that essential heart. **The love for the Truth that love that brought us to this inner work – that deep longing of the heart to know and live more fully who we truly are** and from there relate and connect to others, to the world.

As you work on harmonizing the Personal Will with the Universal Will by aligning the heart, then you will have the will and the heart and the mind together. That happens through understanding. **Understanding means the really intimately felt sense recognition of what is true.** Then your **mind sees it, your heart turns towards it and the belly/PWill supports the heart.** (aligning 3 centers) And that will bring in then the harmony between the Personal Will and the Universal Will. **Like in a choir when there is 3 part harmony – that alignment, feels sounds beautiful, it is deeply moving, pure, all in tune, all in it's right place, harmonious, good.**

As this harmonizing happens unfoldment begins and accelerates, and you may feel a specific kind of grace and flow like you are on that wave part of the ocean, now have a wider view, a greater capacity to see and hold the whole. We can feel our own Will, the inner solidity of the Silver, staying the course to the Truth, supporting our presence, flexible, confident that now has a larger ground, a bigger foundation based on the Platinum, the Will of TN. **We can feel our inner strength rooted in the support of TN.** The more the heart is attuned, is oriented this way, then the unification of the PW and the aspect of UW brings in greater joy, greater fulfillment.

One way of **harmonizing** with the Universal Will is to look at our environment, our situations, our relationships, our lives and live them in a way that is in harmony with the Truth. So if there is a need for impeccability and discipline, you follow impeccability and discipline; if you need to structure your time, your space, your relationships, you follow that - all will be supportive of you finding and living the Truth and becomes a very direct way of harmonizing your PW with the UW.

EXERCISE: (15/10 DISCUSS)

Explore the relationship between your personal will and universal will—is it more a feeling of harmony or discord? How is your heart involved if it is? And if you see harmony, what are the manifestations of this harmony? And if there is discord, what are the causes of the discord? What are the beliefs or positions that keep you from aligning with reality’s flow?

Talk #4 Optimizing Force – Hameed

We’ve been exploring the world of Will – the white universe – groundedness, solidity, impeccability, determination – many qualities of will – individual choice, decision, solidity of Being that makes us feel confident in who we are steadfast, determination that’s immediate from within to be and to do. PW & UW being different Silver/Platinum our consciousness can be like that – silver – soft, flexible, steadfast, Platinum harder stronger more dense immense reliable. Similar to fathering role, not gender specific – one who protects, nourishes, supports to be, adventure out into new situations, to individuate. UW immovable, immense, supports PW - all part of our potential.

Bring in new concept some have heard about – Optimizing Force – comes from TN – direct powerful support that is not from us individually but comes from TN to move us to the optimum situation – in your realization, your experience is more luminated, freer more fully yourself, able to express TN. Unfolding and developing in the best way possible for you. Recognize it by the affect it has on you, your life, your consciousness, OF acts invisibly to bring greater actualization of your potentiality. Recognize it by what situations, opportunities we’ve had - teachings that show deeper reality, teacher you trust, people, books, situations, influences that support us to evolve. Being in this group shows OF is operating – helps you to grow, evolve. Mysterious, doesn’t appear as presence, can’t grasp it like evolution – moves and changes.

Alignment, harmonizing PW & UW, being steadfast with commitments, with what is best for us, OF supports you to make things happen, right situations and experiences. Working with our PW and exploring barriers – self images, ORs, beliefs, conditioning, freeing the conflicts then natural alignment can happen. Clarifying, understanding, liberating the essential qualities of these issues allows the OF to function. Paradox we have to exert use PW, and let go, do nothing and get out of the way.

Exercise: 15/15 monologue and discussion

Explore the way you experience the optimizing force in your life. How are you aware of its force direction and will, in the events situations and experiences in your life. What happens when you recognize it is supporting your unfoldment, and when you don’t recognize that? Then 15 min discussion of the question of optimizing force.

